



LA FRANCE EN COURANT
36ème Tour du 19 Juillet au 2 août 2025
mardi, 29 juillet 2025

10ème Etape

Etape de 190.0 Kms BIZONNES (73) BAS EN BASSET (38)

Dis-Part	km	parcours	Commune - Lieu Dit	Commune Traversée	ROUTE	Altitude	Heures de passage				
							Suivie	16km/h	15km/h	14 km/h	13 km/h
49 - Maine-et-Loire											
0.0	190.0	0	Brissac Loire Aubance	Brissac Loire Aubance	D130	44	03:00	03:00	03:00	03:00	03:00
3.5	186.5	3.5	Inter D127 D130			74	03:13	03:14	03:15	03:16	03:17
3.5	183.0	7.0	La Marzelle	Soulaines-sur-Aubance	D130	90	03:26	03:28	03:30	03:32	03:35
3.0	180.0	10.0	Mozé-sur-Louet	Mozé-sur-Louet	D130	70	03:37	03:40	03:42	03:46	03:50
1.0	179.0	11.0	Inter D160 D130		D130	84	03:41	03:44	03:47	03:50	03:55
3.5	175.5	14.5	Denée	Denée	D751	38	03:54	03:58	04:02	04:06	04:12
4.5	171.0	19.0	Rochefort-sur-Loire	Rochefort-sur-Loire	D106	25	04:11	04:16	04:21	04:27	04:35
2.5	168.5	21.5		Béhuard	D106	18	04:20	04:26	04:32	04:39	04:47
1.0	167.5	22.5	R Ducanal Vc Leglou	Savennières	D106	20	04:24	04:30	04:36	04:43	04:52
5.0	162.5	27.5	Inter D106 D126		D126	70	04:43	04:50	04:57	05:06	05:17
4.5	158.0	32.0	Inter D725 D126	Saint-Martin-du-Fouilloux	D126	77	05:00	05:08	05:17	05:27	05:40
	158.0	32.0		Saint-Georges-sur-Loire	D126		05:00	05:08	05:17	05:27	05:40
6.0	152.0	38.0	Inter D126 D951	Saint-Augustin-des-Bois	D951	74	05:22	05:32	05:42	05:55	06:10
1.5	150.5	39.5	Saint-Augustin-des-Bois		D102	67	05:28	05:38	05:49	06:02	06:17
	150.5	39.5		Val d'Erdre-Auxence	D102	60	05:28	05:38	05:49	06:02	06:17
8.5	142.0	48.0	Villemoisan		D102	60	06:00	06:12	06:25	06:41	07:00
	142.0	48.0		Champtocé-sur-Loire	D102		06:00	06:12	06:25	06:41	07:00
4.5	137.5	52.5	St Sigidmond	Ingrandes-le-Fresne-sur-Loir	D102	69	06:16	06:30	06:45	07:02	07:22
	137.5	52.5	Inter D102 D6 > D8				06:16	06:30	06:45	07:02	07:22
4.0	133.5	56.5	44 LOIRE ATLANTIQUE		D8	84	06:31	06:46	07:02	07:20	07:42
5.5	128.0	62.0	Belligné	Loireauxence	D22	58	06:52	07:08	07:25	07:46	08:10
6.0	122.0	68.0	Maumusson	Vallons-de-l'Erdre		53	07:15	07:32	07:51	08:13	08:40
3.5	118.5	71.5	Inter D923 D22		D22		07:28	07:46	08:06	08:30	08:57
	118.5	71.5		Pouillé-les-Côteaux	D22	58	07:28	07:46	08:06	08:30	08:57
2.0	116.5	73.5	Inter D878 D22	Pannecé	D951	35	07:35	07:54	08:15	08:39	09:07
4.0	112.5	77.5	Inter D22 D9				07:50	08:10	08:32	08:57	09:27
1.5	111.0	79.0	Pannecé		D18	32	07:56	08:16	08:38	09:04	09:35
6.0	105.0	85.0	Riaillé	Riaillé	D14	32	08:18	08:40	09:04	09:32	10:05
9.0	96.0	94.0	Grand-Auverné	Grand-Auverné	D14	63	08:52	09:16	09:42	10:13	10:50
2.5	93.5	96.5	Inter D14 D29	Moisdon-la-Rivière	D29	44	09:01	09:26	09:53	10:25	11:02
3.5	90.0	100.0	Moisdon-la-Rivière		D29	56	09:15	09:40	10:08	10:41	11:20
6.0	84.0	106.0	Issé	Issé	D29	38	09:37	10:04	10:34	11:09	11:50
6.5	77.5	112.5	Rue du Soleil Levant	Treffieux	VC		10:01	10:30	11:02	11:39	12:22
	77.5	112.5	Passage sous D771 Ht Limité 2m50				10:01	10:30	11:02	11:39	12:22
	77.5	112.5					10:01	10:30	11:02	11:39	12:22
	77.5	112.5					10:01	10:30	11:02	11:39	12:22
	77.5	112.5					10:01	10:30	11:02	11:39	12:22
	77.5	112.5					10:01	10:30	11:02	11:39	12:22
	77.5	112.5					10:01	10:30	11:02	11:39	12:22
	77.5	112.5					10:01	10:30	11:02	11:39	12:22
	77.5	112.5	Treffieux			25	10:01	10:30	11:02	11:39	12:22
Départ de la 2ème demi étape											
0.0	77.5	112.5	Treffieux	Treffieux	D29		10:00	10:00	10:00	10:00	10:00
5.0	72.5	117.5	Inter D29 VC La Chesnaie	Jans	VC	26	10:18	10:20	10:21	10:23	10:25
2.0	70.5	119.5	Jans		D39	24	10:26	10:28	10:30	10:32	10:35
0.5	70.0	120.0	Inter D39 VC Les Plachette		VC		10:28	10:30	10:32	10:34	10:37
1.5	68.5	121.5	Passage Sup N137		PS		10:33	10:36	10:38	10:41	10:45
4.0	64.5	125.5	Inter D44 VC Le Fosse neuf	Marsac-sur-Don	VC		10:48	10:52	10:55	11:00	11:05
0.5	64.0	126.0	Inter VC D124	Derval	D124	32	10:50	10:54	10:57	11:02	11:07
5.5	58.5	131.5	Conquereuil	Conquereuil	D124	37	11:11	11:16	11:21	11:27	11:35
6.5	52.0	138.0	Guéméné-Penfao	Guéméné-Penfao	D15		11:35	11:42	11:49	11:57	12:07
0.5	51.5	138.5	Inter D15 D125		D125		11:37	11:44	11:51	12:00	12:10
6.5	45.0	145.0	Int 125 Lande de la Croix	Massérac	VC		12:01	12:10	12:19	12:30	12:42
1.0	44.0	146.0	Inter VC D46		D46	25	12:05	12:14	12:23	12:34	12:47
5.5	38.5	151.5	Avessac	Avessac	D255	56	12:26	12:36	12:47	13:00	13:15
3.5	35.0	155.0	35 - Ile-et-Vilaine				12:39	12:50	13:02	13:16	13:32
1.5	33.5	156.5	D255 VC Groussibais	Sainte-Marie	VC	10	12:45	12:56	13:08	13:23	13:40
1.0	32.5	157.5	Inter VC D65		D65		12:48	13:00	13:12	13:27	13:45
2.5	30.0	160.0	Maupertuis		D65	30	12:58	13:10	13:23	13:39	13:57
	30.0	160.0		Redon			12:58	13:10	13:23	13:39	13:57
2	28.0	162.0	R de la Bigotaie > R De Sainte Marie > R Jean Vinouze		VC		13:05	13:18	13:32	13:48	14:07
2.0	26.0	164.0	R Louis Guilloux > D3117 > R de la Visille Ville > D873		D873	25	13:13	13:26	13:40	13:57	14:17
	26.0	164.0	R de Cotio > R de Mussain > D 65		D65		13:13	13:26	13:40	13:57	14:17
	26.0	164.0	Bains-sur-Oust				13:13	13:26	13:40	13:57	14:17
	26.0	164.0	56 - Morbihan				13:13	13:26	13:40	13:57	14:17
2.5	23.5	166.5	La Graë	Saint-Perreux	D764	20	13:22	13:36	13:51	14:09	14:30
6.5	17.0	173.0	Saint-Vincent-sur-Oust	Saint-Vincent-sur-Oust	D764	50	13:46	14:02	14:19	14:39	15:02
3.5	13.5	176.5	Peillac	Peillac	D764	63	14:00	14:16	14:34	14:55	15:20
5.0	8.5	181.5	Saint-Gravé	Saint-Gravé	D764	76	14:18	14:36	14:55	15:18	15:45
1.0	7.5	182.5	Inter D764 D112		D112	81	14:22	14:40	15:00	15:23	15:50
4.5	3.0	187.0	Inter D112 D774	Pluherlin	D774		14:39	14:58	15:19	15:43	16:12
3.0	0.0	190.0	Pleucadeuc	Pleucadeuc		70	14:50	15:10	15:32	15:57	16:27