



LA FRANCE EN COURANT

20 ème Tour

Lundi 21 juillet 2008

Feuille d'itinéraire détaillé

2ème étape : ANGLARDS DE SALERS SALLES-CURAN

192.5 km

km			Lieu	ROUTE	Altitude	Heures de passages				
Int	à parcourir	parcourus				Suivie	16km/h	15km/h	14 km/h	13 km/h
			<b>15 - CANTAL</b>							
0	192.5	0.0	<b>Anglards de Salers D 22</b>	D 22	820	<b>03:00</b>	<b>03:00</b>	<b>03:00</b>	<b>03:00</b>	<b>03:00</b>
10.5	182.0	10.5	SALERS D 35	D 35	934	03:39	03:42	03:45	03:48	03:52
6	176.0	16.5	Fontanges	D 35		04:01	04:06	04:10	04:16	04:22
6.5	169.5	23.0	St Georges	D 35	954	04:26	04:32	04:38	04:46	04:55
6.5	163.0	29.5	Col de Legal	D 35	1229	04:50	04:58	05:06	05:16	05:27
4	159.0	33.5	Le Bruel	D 35		05:05	05:14	05:23	05:34	05:47
1	158.0	34.5	Col du Bruel	D 35	1024	05:09	05:18	05:27	05:39	05:52
4	154.0	38.5	Inter D 246 D 35	D 35		05:24	05:34	05:45	05:57	06:12
2	152.0	40.5	Inter D 35 D 60	D 60		05:31	05:42	05:53	06:06	06:22
2	150.0	42.5	Inter D 60 D 17	D 17		05:39	05:50	06:02	06:16	06:32
3	147.0	45.5	Velzic	D 17		05:50	06:02	06:15	06:30	06:47
7	140.0	52.5	St Simon D 58	D 58		06:16	06:30	06:45	07:02	07:22
4.5	135.5	57.0	Boussac	D 58		06:33	06:48	07:04	07:23	07:45
5.5	130.0	62.5	Giou-de-Mamou N 122 D58	D 58		06:54	07:10	07:27	07:48	08:12
3	127.0	65.5	Carbonat D 101	D 101		07:05	07:22	07:40	08:02	08:27
1	126.0	66.5	Roquetorte D 990	D 990		07:09	07:26	07:45	08:06	08:32
3	123.0	69.5	Vézac D 206	D 206		07:20	07:38	07:57	08:20	08:47
2.5	120.5	72.0	Inter D 206 D 8	D 8		07:30	07:48	08:08	08:32	09:00
2	118.5	74.0	Inter D8 D6	D 6		07:37	07:56	08:17	08:41	09:10
1.5	117.0	75.5	Labrousse D 106 D 6	D 6	800	07:43	08:02	08:23	08:48	09:17
1	116.0	76.5	Inter D 6 D 106	D106		07:46	08:06	08:27	08:53	09:22
6.5	109.5	83.0	Vezels-Roussy	D107		08:11	08:32	08:55	09:23	09:55
5	104.5	88.0	<b>12 - AVEYRON D 106</b>		D106	08:30	08:52	09:17	09:46	10:20
3	101.5	91.0	Inter D 106 D 505	D 505		08:41	09:04	09:30	10:00	10:35
3	98.5	94.0	Murois D 505	D 505		08:52	09:16	09:42	10:13	10:50
7.5	91.0	101.5	Pons D 526	D 526		09:20	09:46	10:15	10:48	11:27
4	87.0	105.5	Inter D526 D 904	D 904		09:35	10:02	10:32	11:06	11:47
7.5	79.5	113.0	<b>ENTRAYGUES SUR TRUYERE</b>		260	10:03	10:32	11:04	11:41	12:25
			<b>Départ 2è demi étape</b>							
0	79.5	113.0	<b>ENTRAYGUES SUR TRUYERE D 904</b>	D 904		<b>11:00</b>	<b>11:00</b>	<b>11:00</b>	<b>11:00</b>	<b>11:00</b>
1	78.5	114.0	Inter D 904 VC	VC		11:03	11:04	11:04	11:04	11:05
7	71.5	121.0	Golinhac D 20	D 20		11:30	11:32	11:34	11:36	11:40
9	62.5	130.0	Inter D 22 D 20	D 20	650	12:03	12:08	12:12	12:18	12:25
7	55.5	137.0	St Julien-de-Rodelle	D 20		12:30	12:36	12:42	12:50	13:00
6.5	49.0	143.5	BOZOULS D 988	D 988		12:54	13:02	13:10	13:20	13:32
6	43.0	149.5	Gabriac D 59	D 59		13:16	13:26	13:36	13:48	14:02
4.5	38.5	154.0	Anglars D 220	D 220		13:33	13:44	13:55	14:09	14:25
3.5	35.0	157.5	Inter D 220 D 622	D 622		13:46	13:58	14:10	14:25	14:42
2.5	32.5	160.0	LAISSAC D 523	D 523	601	13:56	14:08	14:21	14:36	14:55
9.5	23.0	169.5	Inter D 29 D 523	D 523		14:31	14:46	15:02	15:20	15:42
2	21.0	171.5	Le Vibal D 523	D 523		14:39	14:54	15:10	15:30	15:52
6.5	14.5	178.0	PONT de SALARS D 911	D 911	680	15:03	15:20	15:38	16:00	16:25
2.5	12.0	180.5	Inter D 911 D 993	D 993		15:13	15:30	15:49	16:11	16:37
12.0	0.0	192.5	<b>SALLES-CURAN</b>		820	15:58	16:18	16:40	17:06	17:37